

Curriculum Vitae of Peter Charles Howie

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Education

Master of Education, Griffith University expected completion 2009

2006 Psychodrama Trainer Educator and Practitioner, Awarded 2006 through the Australian and New Zealand Psychodrama Association Inc (ANZPA) Board of Examiners. Training with the Queensland Training Institute of Psychodrama, Brisbane.

1999. Psychodrama Practitioner, Awarded 1999 through the Australian and New Zealand Psychodrama Association Inc (ANZPA) Board of Examiners. Training with the Queensland Training Institute of Psychodrama, Brisbane and the NSW Psychodrama Institute, Sydney.

1987 Diploma of Computing, the Metropolitan Business College, Sydney

1978 Bachelor of Science, Australian National University

Experience

As Psychodrama trainer

Psychodrama Trainer, 2000 – 2008, Queensland Training Institute of Psychodrama and The Moreno Collegium for Human Centred Learning Research and Development. This work consisted of:

- Year long programs of approximately 130 hours face to face experiential group work training and supervision with up to 18 people made up of evening and weekend sessions, and supplemented with writing, reading and critical reflection components
- Short term weekend programs (16 hours) with a group or psychotherapeutic focus
- Short run evening training programs (18 hours)
- Individual supervision of trainees as applied to their work
- Individual supervision of written work

As Experiential Psychodramatist

- Evening experiential development groups (three hours) run in series of six or eight evenings since 1993 with up to fourteen people: 273 programs in total.
- Weekend development groups focusing on a variety of different topics: 47 programs.
- Experiential development programs focusing on men with disabilities, funded through the then Department of Families: 24 programs between 1994 - 1996.
- Individual supervision, coaching and theory, using the psychodrama method

Leadership Development

Eight day residential leadership development programs (five and three days workshops) for middle and senior public servants, community leaders and others across the Queensland Public Sector 1998 – 2009 as an external educator. Also included were extensive pre and post interviewing and preparation processes: 60 of these programs included over 1000 participants, and were extensively and independently evaluated, and led to substantial behavioural change in participants (copies of external evaluations available on request).

Two and three day non-residential and residential leadership 'toolkit' programs conducted across the public sector for all levels of the organizations: 30 programs between 2000 and 2007.

Organisational Consultancy

Conducted numerous organisational development and training programs 1992 – 2008 at all levels of the Australian public sector, including:

- Team building with Executive Management Teams (usually two to three day residential workshops or regular meetings weekly, monthly or quarterly as appropriate) in public service departments
- Strategic Planning workshops with Executive Management Teams
- Coaching of middle and senior executives in their leadership and management functions
- Group work for agricultural extension officers
- Management development for middle level and executive officers
- Group work for professionals in health and allied health fields
- Organisational change and group dynamics: '*Grabbing the Bull by the Horns*' or '*Twisting its Tail*' and other useful approaches.
- '*Leadership in Action*' to change the leadership culture of the Queensland Public Service, a comprehensive approach that draws on action research methodology.

- ‘Strategic Leaders Programs’ for Education Queensland (approx 170 Principals)
- Leadership toolkits for Education Queensland (approx 30 programs)

General Presentation Qualities

My training has led me to having a great capacity to enjoy working with others to understand and clarify what they have created for themselves and what motivates them. I bring passion and care to the work I do with individuals and groups. I have a long and abiding commitment to developing significant adult development programs. I have applied this way of working when I developed and delivered the ‘Leadership in Action’ program for organisations such as the Office of Public Service and Merit and Brisbane City Council, and I have extensive experience running both ‘Strategic Leaders’ programs and ‘Leadership Toolkits’ for the Education Department. These programs were part of a series of revolutionary deep learning programs. I have been working in the public sector since 1992 as a consultant and have developed a reputation for being able to design and deliver practical, workable development solutions in a wide variety of areas. I am the current president of the Australian and New Zealand Psychodrama Association Inc. I love my craft and my art. I have been running experiential development groups since 1993. As the Director of Training for the Moreno Collegium for Human Centred Learning, Research and Development I am responsible for the curriculum development of the training programs for group work, psychodrama, sociodrama, sociometry, leadership, coaching and role training and their application to organisations and people. I also work as a community and organisation developer and co-parent two teenagers.

Professional Development

Annual psychodrama 3 day residential trainer development programs. ACT 1993, Auckland NZ 1994, Adelaide 1995, Brisbane 1996, Christchurch 1997, Perth 1999, Brisbane 2008

Annual Australian Federation of Training Institutes (AFTI) conferences, Melbourne 2001, Melbourne 2002, Melbourne 2003, Brisbane 2004, Brisbane 2005, Sydney 2006, Sydney 2007 Sydney 2008.

ANZPA Conference workshops

ANZPA 2007

Professional Presentations

2008 November (coming), *“Knowing the insides: using the psychodramatic process to get inside the world view of self harming individuals in order to reduce your own fear and*

increase your capacity to stay close." Australian Counsellors Association conference, 2008, Self Harm: Fear or Knowledge.

2008 September, "*Men's Health - it shouldn't be secret men's business*" (explored through sociodrama), Department of Natural Resources and Water

2008 June, "Developing intermediate accreditation steps in psychodrama training," Australian Federation of Training Institutes, Sydney

2008 May, "Exploring climate change through sociodrama," Department of Natural Resources and Water conference presentation

2008 April, "Psychodrama and Taking Learning seriously in the workplace," Australian Institute of Training and Development Conference, Sydney

2008 January, "Working with the stereotype," Australian and New Zealand Psychodrama Conference, Melbourne

2007 January, "Levels of Learning, a working heuristic," Australian and New Zealand Psychodrama Conference, Wellington

1996 - 2006 Regular presenter at the Australian and New Zealand Psychodrama Association Inc annual conference.

Professional Memberships

Australian and New Zealand Psychodrama Association. (current President, 6 years service on executive).

Australian Federation of Training Institutes.

Action Learning and Action Research Association

Past member of the Australian Computing Society.

Publications

- Howie, P.C. (2006). Group work. In Pelling, B., Bowers, R. & Armstrong, P. (Eds.) *The Practice of Counselling*, Brisbane, Thomson
- Howie, P.C. (2006). Working with the ladder of inference – a psychodramatists guide, ANZPA Journal, 5, 68-75
- Howie, P.C. & Synnott, E. (2007). Working with Indigenous community leaders in Cape York. ANZPA Journal, 16, 35 - 40

Peter Howie CV

- Principals of Supervision, 2006, ANZPA Board of Examiners
- Principals of Training, 2006, ANZPA Board of Examiners

Grants and Fellowships

- Developing Groups for Men with Disabilities, Dept of Families, 1995, \$36,000

References

- **Stephen Loggie** – Principal, Queensland Academy for Science Maths and Technology (07) 3377 9333
- **Dr Bob Dick** - Private consultant - (07) 3378-6303
- **Jane Morgan** – Manager People and Organisational Development Brisbane City Council - (07) 3369 1047