



# play therapy workshops

an introduction to working with children using creative media, including art, play equipment, psychodrama, symbols

Friday 26 Feb 2010  
Monday 8 March 2010  
Monday 15 March 2010

“It is only in being creative that the individual discovers the self.”\*

## Workshop One:

- Introduction to Play Therapy Models
- Developing the therapeutic relationship with the child
- Boundaries and Containment - when to say yes and no!
- Using and exploring the medium - having fun & allowing ourselves to play.

## Workshop Two:

- Developing my sense of self as a creative therapist
- Play and Attachment
- Working with trauma and the abused child
- More exploration of the play therapy methods

## Workshop Three:

- What happens to me when I work with a child who ‘presses my buttons’?
- When is play no longer therapeutic?
- Working with silence
- Closure and Endings
- Continued exploration of the medium.

## Workshop facilitator:

**Nadine Littledale** is a person-centred psychodrama psychotherapist, social worker, trainer and supervisor. She has over 35 years experience in social work and psychotherapy working with children and adults in both government services and private practice. Since arriving in Australia in 2006 she has worked for Queensland Health in Children and Youth Mental Health Services and in private practice. She regularly uses play therapy in her work with children with severe and complex needs.

These workshops are suitable for anyone working with children in a therapeutic or community context and who wish to develop their skills, understanding and awareness of how to work creatively with children.

Attendance at all 3 workshops is included in the price. This time together contributes to the emergence of a group identity which also assists in the experience of learning.

\*Winnicott, D. W. (1971) **Playing & Reality**. Harmondsworth. Penguin Books. P. 63.

**What:** Experiential workshops, combining theory and practice.

**When:** 26 Feb, 8 March, 15 March 2010.

**Where:** Moreno Collegium for Human Centred Learning, Research and Development. Coorparoo. Brisbane (full address on confirmation).

**Time:** 9.00 am to 4.30 pm

**Cost:** see attached.

# TAX INVOICE

**ABN: 72253779126**

**GST FREE**

<b>Attendance at all</b>	<b>three workshops</b>
<b>Early bird rate</b> <b>To be paid by 29.01.10</b>	<b>\$570</b>
<b>Full rate</b> <b>To be paid by 12.02.10</b>	<b>\$670</b>

Includes Morning and Afternoon Tea and Lunch. Plus all materials.

To secure a place please email your registration details (see below) to:

[nadliddle@hotmail.com](mailto:nadliddle@hotmail.com)

Bank transfer details will then be forwarded to you for payment. Refunds will not be issued unless requested 14 days before each workshop and a cancellation fee of 50% of full cost will be charged.

A letter of confirmation & receipt will be sent upon payment. Enquiries can be made to Nadine on 0423 300 674.

<b>Registration details</b>	
<b>Name:</b>	
<b>Position &amp; Agency:</b>	
<b>Address:</b>	
<b>Phone:</b>	<b>Mobile:</b>
<b>Email:</b>	
<b>Any special dietary requirements:</b>	